PRINCIPALS MESSAGE
Welcome back to all our families to what is going to be a very exciting 2016. A very special welcome to our new Kindergarten students and their families.
This term we are lucky to have Mr Johnson every Friday teaching music to both classes. The primary class will be learning to play Ukulele and the infants class will be learning to play various tuned percussion instruments. The school has purchased all the instruments for this program.
Every Tuesday afternoon Term 1 children will be participating in Yoga/Mindfulness sessions, taught by a specialist teacher from KarmaKids as part of our PDHPE program. The cost of this has been covered by the school. Students will also participate in Surfing lessons as part of our sport program on Friday afternoons commencing next week. The majority of the cost of this program has been covered by a Sporting Schools Grant. Parents are asked to contribute $40.00. Students will receive a back pack, rash shirt and other goodies as part of the program.

Class Organisation
This year Ms Young will be working Monday to Wednesday. She will be team teaching literacy with Ms Myler on the primary class in the morning session and maths with myself on the same class after recess. She will also be doing Library, Science, Sport and PE on these days. Our students are lucky to have such multi-talented teachers.

Car Park Safety - IMPORTANT
The car park area becomes quite congested during the before and after school pick up times which raises a number of safety concerns. We ask parents to please take extreme care when dropping off or picking up children in this area, especially younger children who are inclined not to be aware of the danger posed by vehicles.

Chris Pritchard
Principal

UNIFORM SHOP
The Uniforms have arrived for 2016. For additional supplies and orders please see Lorraine in the front office.
Polo Shirts $28.00
Hats $15.00
Hooded Zip-up Jackets $28.00
Fleecy Sloppy Joes $15.00

KINDERGARTEN 2016
Duranbah PS would like to welcome the Kindergarten students for 2016. It is a very exciting time for our new students Me’Sharn, Malibu, Keya, Hailey, Marley and Nicholas and we wish them all a very happy learning experience.
BULLDOGS NRL PLAYERS VISIT
The Duranbah primary students were lucky to have a visit from the NRL’s Warwick Brown and two of the current Bulldogs players. Michael Lichaa, Hooker for the NRL Premiership team and Renour To’omaga 2nd row in the Holden Cup team. The players are visiting local schools to promote a ‘Wellbeing Lifestyle’. Eliza, Deepa and Portia said “The Bulldogs players were teaching and showing us wellbeing, which includes a healthy lifestyle, hydration, belonging and good sleep habits. We also played tap, play the ball and trivia”

COMMUNITY NEWS
KINGSCLIFF HOCKEY CLUB SIGN-ON
Sat 6th Feb 11.00am – 2.00pm
Merv Edwards Oval, Sand St, KINGSCIFF
(across the road from the Cudgen Leagues Club)
INQUIRIES: Tim Prichard 0418 490586, Ross Salmon 07 55246204
Players for all Grades are required ie beginners, 5 to 9 yrs. along with Juniors up to 16yrs
Season begins late March, 2016
CASUARINA BEACH RUGBY SIGN-ON
Sunday 7 & 21 February 11am-1pm Under 6 to 16’s Contact Belinda Hall 0419 245 996
Or Casuarinarugbyclub@gmail.com

Trying to Limit Screen time to Two hours?
Help is at Hand! eSafety for parents - Too much time online
Trying to drag your children away from online games, apps, YouTube videos or social networking? Want to know what is normal and when they are spending too much time online?
Child development experts, including psychologist Dr Helen Street, answer questions about how much time children should spend online.
Search online for “Esafety for parents too much time on line” and follow the links or click on:

Nutrition Snippet
Homemade muffins are a great way to add a fruit or veg-based treat to lunch boxes.
Apple and date muffins
Ingredients: 3 apples, chopped; 1 cup boiling water; 200g dates, chopped; 50g butter; 2 1/2 cup brown sugar; 2 tsp mixed spice; 1 egg; 1 tsp baking soda; 1 tsp baking powder; 2 cups wholemeal flour
Method: Preheat oven (180°C). Chop apples and dates. Add boiling water, butter and sugar. Mix until butter melts and sugar dissolves. Add spice and allow to cool. When muffin mixture is warm, not hot, add spice and egg. Mix well. Add baking soda, baking powder and flour. Mix, but do not overbeat. If mixture is too dry, add a little milk. Spoon into the prepared muffin tin. Bake for about 15 minutes.

For more information visit www.eatittoobeatit.com.au or join us at facebook.com/eatittoobeatit

FREE!
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Free Healthy Lifestyle Program for kids 6.5 to 13 years
Helps kids reach a healthy weight
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Build self-esteem & motivation
CALL: (02) 66 207 502
or 1800 780 900
Register NOW for term 1 Tweed Heads South

Kingscliff Hockey Club Sign-On
Kingscliff Hockey Club is holding a sign-on event on Saturday, 6th February from 11:00 am to 2:00 pm at the Merv Edwards Oval, Sand St, Kingcliff. The club is open to players of all grades, including beginners aged 5 to 9 years and juniors up to 16 years. The season will commence in late March. For more information, you can contact Tim Prichard at 0418 490586 or Ross Salmon at 07 55246204.

Casuarina Beach Rugby Sign-On
Casuarina Beach Rugby Club is hosting a sign-on event on Sunday, 7th February and 21st February from 11:00 am to 1:00 pm for children aged 6 to 16 years. The contact person is Belinda Hall at 0419 245 996 or via Casuarinarugbyclub@gmail.com.